

### *Spiritwear Sizing Chart*

#### *Sweat pants and Hoodies*

<b>Adult Unisex</b>	<b>S</b>	<b>M</b>	<b>L</b>
Chest	34/36	38/40	42/44
Waist	28/30	32/34	36/38
Inseam(sweat pants)	32.5	33	33

<b>Youth Unisex</b>	<b>S</b>	<b>M</b>	<b>L</b>
Size	6/8	10/12	14/16
Waist	22/23	24/25	26/27
Inseam (sweat pants)	24	27	30

#### *Flannel PJs*

<b>Adult Unisex: waist</b>	<b>S</b>	<b>M</b>	<b>L</b>
	28-30	32-34	36-38

<b>Youth Unisex</b>	<b>S</b>	<b>M</b>	<b>L</b>
	6/8	10/12	14/16